



## TILT TABLE TEST

A tilt table test is performed to help in finding the reason for your syncope, commonly called “fainting, “blackouts”, or “passing out”.

The test is designed to create a condition that could cause you to faint, if you are prone to doing so. You may experience dizziness, weakness or nausea.

### **What I need to know:**

Do not eat or drink for 4 hours prior to your test.

Please arrive 30 minutes before your scheduled time of testing.

**BRING A LIST OF YOUR MEDICATIONS.**

You will be attached to a monitor and have an IV inserted. You will lie on a special table with straps across your chest and legs to support you.

You will be tilted to a near standing position.

Plan on the test taking about two hours. You will be asked to remain in the hospital for 30 minutes after the test.

Report to the Bedford building, which is adjacent to the main hospital at 6<sup>th</sup> and Bedford. Cardiovascular Services is immediately off of the lobby to the right, in the Heart Center.