



## CARDIOVERSION

Cardioversion is a procedure performed to bring your heart rhythm back to a normal rhythm called “sinus rhythm”. It is done by delivering a low voltage electrical shock to the heart.

Your heart is able to pump more effectively when it is in a normal rhythm.

### **What Can I Expect?**

- You will not be allowed to eat or drink anything (except your medications) after 12:00 midnight the night before or at least 8 hours before the cardioversion.
- The actual cardioversion takes only a few minutes.
- Your nurse will watch you closely for a period of time to make sure your condition remains stable. You will then be allowed to resume your previous diet and activity.
- You will come to the hospital the morning of your procedure. You will be given a time to report by our office staff.
- On day of your procedure, you will report to the Cardiac Same Day Unit which is located on the Lobby level of the Bedford Entrance of Aultman Hospital.

A Cardioversion patient can usually plan to be at the hospital for approximately 5 hours.